



DISCUSSION GROUP GROUND RULES

1. We will respect the confidentiality of what is shared in our group
2. We will use special care only to build up each other with any social media or public communication such as email, Facebook, Twitter, or Instagram
3. We will allow one another the freedom to share as much or as little as we are comfortable doing
4. We will not tell one another what to do or how to feel. We share our experiences.
5. We will give other group members the opportunity to participate, without monopolizing
6. We will support one another in our own individual growth
7. We will pray for each other as they come to mind during the week
8. We will sit in a circle or arrangement that allows us to face each other
9. We will take care to present our opinions and preferences as just that and not the one and only method or way to do something

You don't have to share if you don't want to, but everyone in the group will benefit from your participation ... especially you!

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Ephesians 4:29-32

"If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over." Matthew 18:15