

Mastering Motherhood⁺

You are invited to be part of Mastering Motherhood⁺. Whether you are a new mother, one who has seen their children off to college and having babies of their own, or someone who doesn't have children but would enjoy a Thursday morning study with other women, you are welcome!

Mastering Motherhood⁺ seeks to provide love, support, encouragement and friendship to women seeking to follow the Lord in the adventure of mothering. Each week the ladies come together as a large group for brunch and devotions after which they break off into small groups and study different books.

Spring 2019 Kickoff Brunch

January 17, 2019

WHFC Room 227 • 9:15 am - 11:30 am

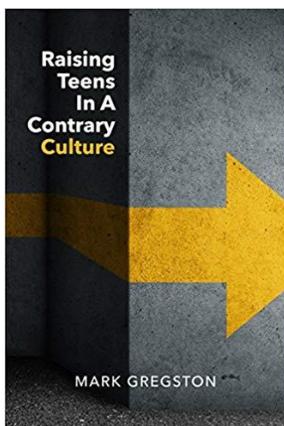
Several of the books being studied don't build upon the previous week's discussion so you can join MM⁺ at any time throughout the school year. The study books are available at the Kickoff Brunch and the following several Thursdays while supplies last. The cost to participate in Mastering Motherhood each Thursday you attend MM⁺ is \$3 if no preschool children coming with you and \$5 if one or more preschool children in childcare. There is no need to register in advance for childcare or to participate in a study group.

Want more information? www.whfriends.org/grow/women

CHECK OUT THE FOLLOWING BOOK DESCRIPTIONS OF THE 7 GROUPS OFFERED:

Raising Teens in a Contrary Culture

by Mark Gregston Leaders: Deb Ruminski, Kim Judge, Suzanne Yarborough, Josi Brobeck; Book Cost: \$12

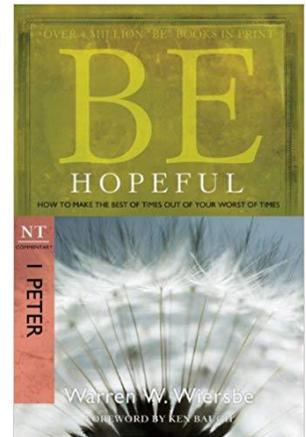


Without question, most parents have said that they are glad they don't have to be raised in the current adolescent culture. The problem is, their teens do! The biggest challenge a parent faces is learning how to transfer the principles and values they hold dear, to their teen who is growing up in a contrary culture. Parents are frustrated with how to make an impact, and teens are equally unsatisfied and disappointed that they're not learning the necessary skills to make it in today's world. Mark Gregston shares his wisdom gained from forty years of working and living with teens and helping their families. As the founder of Heartlight, a residential counseling center for struggling teens, Mark has gained proven insight and understanding, and now shares those concepts necessary for every parent to make a connection with their teen...a connection that offers real help, and ushers in hope for every teen. Understanding the influences a teen must deal with today calls for a new way of parental engagement and a shift in parenting styles. Mark's authentic relational model will enlighten you with creative and successful ways to deal with today's issues and develop deeper relationships within your family!

1 Peter Bible Study – Be Hopeful

By Warren Wiersbe Leaders: Marie Beaver, Cherie Zamecnik, Lynn Pierce, Sarah Givens; Book Cost: \$0

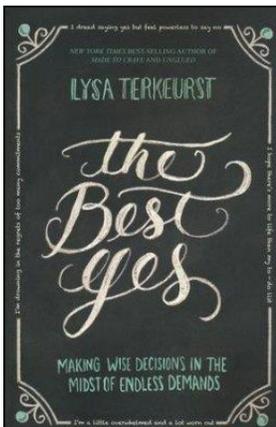
If you know something about suffering and persecution, than 1 Peter has a message for you: “Be Hopeful”. Peter wrote this letter to Christians who were going through various trials. The apostle knew that a severe “fiery trial” was just around the corner, and he wanted to prepare believers for it. After all, what life does to us depends on what life finds in us. For the most part, Christians in the Western world have enjoyed comfortable lives. Our brothers and sisters behind iron and bamboo curtains have suffered for their faith. Now there is every indication that the time is approaching when it will cost us to take a stand for Christ. The only “comfortable” Christian will be a “compromising” Christian, and his comfort will be costly. But God’s message to us is “Be hopeful! Suffering leads to glory! I can give you all the grace you need to honor Me with the going gets tough!” The future is still as bright as the promises of God, so---be hopeful! Hope as described in 1 Peter is not a sedative; it is a shot of adrenaline, a blood transfusion. NOTE: The *Be Hopeful* study guide by Warren Wiersbe is an optional commentary for those who choose to join us in reading and discussing the book of 1 Peter in the Bible.



The Best Yes: Making Wise Decisions in the Midst of Endless Demands

by Lysa Terkeurst

Leaders: Sheila Steer, Christine Reynolds, Cindy Warren; Book Cost: \$10



Are you living with the stress of an overwhelmed schedule and aching with the sadness of an underwhelmed soul?

Lysa TerKeurst is learning that there is a big difference between saying yes to everyone and saying yes to God. In *The Best Yes* she will help you:

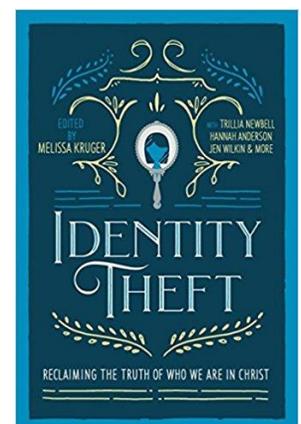
- Cure the disease to please with a biblical understanding of the command to love
- Escape the guilt of disappointing others by learning the secret of the small no
- Overcome the agony of hard choices by embracing a wisdom based decision-making process
- Rise above the rush of endless demands and discover your best yes today

Identity Theft: Reclaiming the Truth of our Identity in Christ

By Melissa Kruger + 8 others

Leaders: Marilyn Shilling, Julie Radaker, Maggie Kruger; Book Cost: \$14

Who am I? It's a question we all ask ourselves at some point. Depending on the season we focus our identity on our job performance, marital status, personality type, or social network, among other options. However, there's a larger question to consider. Who does the Bible tell me I am in Christ? From the wisdom and perspective of insightful authors-including Jen Wilkin, Hannah Anderson, and Jen Pollock Michel-we'll seek to answer this question by: Exposing our false notions of identity; Understanding the biblical truth of our identity in Christ; and Reflecting on what it looks like to live in our new (and true) identity. In 10 chapters we'll cover everything from our identity as children of God to citizens of heaven. At the end of each chapter, study questions will facilitate group discussion as you consider this glorious truth with your friends. Join us as we explore how knowing who we are in Christ changes every aspect of our lives.



52 Things Husbands Need from Their Wives

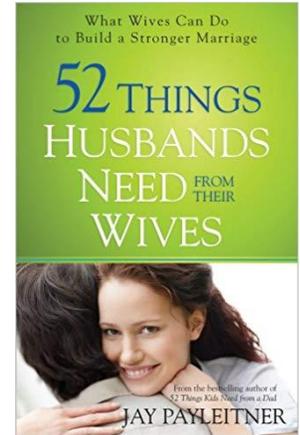
by Jay Payleitner

Leaders: Carol Hiscott, Robin Polack, Kellee Flatt; Book Cost: \$10

Straight from a veteran dad and husband come these insightful, unexpected, and occasionally offbeat ideas. Bestselling author Jay Payleitner digs deep to give practical insight into how a woman can

- see the ways her husband *does* want to connect...which may be different than what she expects
- encourage him—not overwhelm him—with her words
- understand why sex is such a big deal
- make space for him to step up and participate in family life
- be alert to his “hero moments” and respect and appreciate him

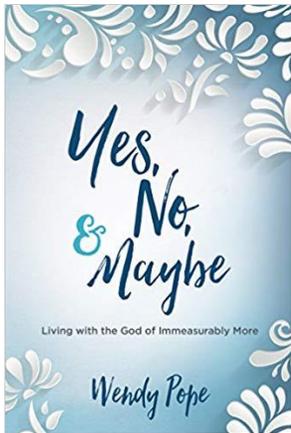
A husband does want to be close to his wife. Here are great steps to strengthening a marriage by making room for that closeness to happen.



Yes, No, Maybe: Living with the God of Immeasurably More

by Wendy Pope

Leaders: Diane Morosko, Colleen Sargent, Valerie Woods; Book Cost: \$10



For many women, life can be full with family needs, home duties, work obligations, and church service. Does it feel like you’re doing everything you should be doing, yet something’s still missing? Does it feel like there should be more? In *Yes, No, & Maybe*, Proverbs 31 speaker and author Wendy Pope shares how women can find the God of “immeasurably more” at the intersection of the Bible and their obedience to it. Through reading this book, women will

- Hear truths from God about what’s missing in their lives, even if they are tough messages
- Learn how to trust God to reveal what’s missing in their lives
- Develop the discipline to be close to God and hear His guidance

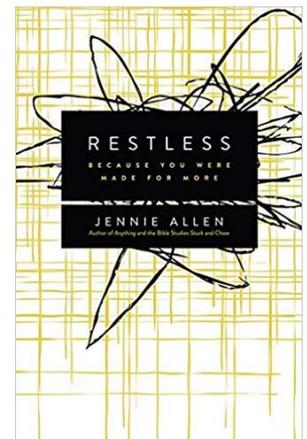
Restless: Because You Were Made for More

by Jennie Allen

Leaders: Esther Fowler, Beth Lydic-Reynolds, Amanda Marshall; Book Cost: \$10

Do you feel like you're missing something? Jennie Allen, founder of If: Gathering, directs you on how to find the best way to use your spiritual gifts. What if this feeling wasn't a bad thing? It could be a longing for more of God and a catalyst to living the life that was designed before the foundations of the earth were laid. A lot of us, if we're honest, are afraid. We hold our dreams close to our chest. But our passions have a purpose—they were engineered for God's greater plan and he intends for us to use them for his glory and purposes.

In *Restless*, Bible teacher and fellow struggler Jennie Allen explores practical ways to identify the threads of your life and how to intentionally weave them together. She explains how your gifts, passions, places, and relationships aren't random; they're deliberate and meaningful. And your suffering—it's possible it has produced the very thing you want to give back to the world.





MM⁺ NEWS POSTED ON FACEBOOK:



Friends Church Women's Ministries Event Page

SNOW CLOSING: We will post if/when Mastering Motherhood⁺ is closed by 7:30 am on the above Facebook page and use the iAlert system which will then be shown on Channel 3 and most radio stations (95.5 the Fish does not participate).

SPRING KICK OFF BRUNCH: Thursday, January 17th, 2019

FIRST SMALL GROUP MEETING: Thursday, January 24th, 2019

SPRING BREAK: Mastering Motherhood⁺ will not meet on March 28th (Spring Break for majority of area schools)

END OF SESSION BRUNCH: Thursday, April 25th, 2019

MOMMY & ME PLAY DATES: Thursday, May 2nd & Thursday, May 9th

Want more information? www.whfriends.org/grow/women



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